

- Go uses threads for GC tasks

\* This allows for concurrent execution of GC with the program

- Multicore processors help parallelise GC

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Work stealing is when idle threads "steal" goroutines from other busy threads.

- Work stealing occurs when the Global Run queue is empty

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- During GC, the heap is split into sections that need to be scanned and tasks in the global run queue.

- GC tasks can be stolen from idle processors